

Kids Help Phone 

Homes for the Holidays



Enjoy A seasonal self-guided tour of homes in Vancouver and West Vancouver... [pg 21](#)

Glitz, Glamour
Dressing for the season... [pg 6](#)



Designer Secrets
Spruce up your holiday home... [pg 36](#)



Proud to support Homes for the Holidays.

We're working together with Kids Help Phone to help create a future we can all look forward to.



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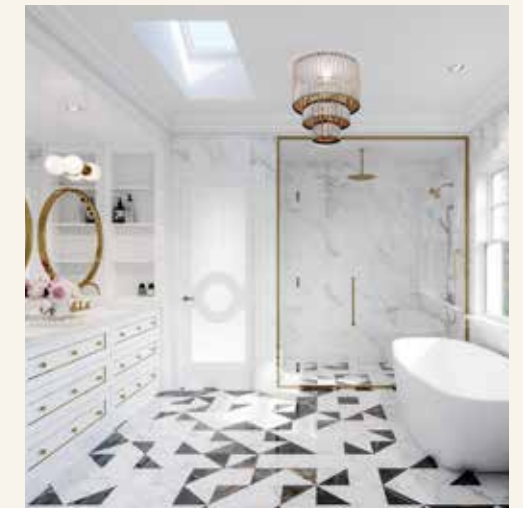
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Glitz, Glamour and the Importance of Cherishing Community

MARILYN DILIGENTI IS CHANGING HOW WOMEN FEEL ABOUT THEMSELVES BY DRESSING THEM FOR THE SEASON

The holiday season is an opportunity to put one's best foot forward, and Marilyn Diligenti has, for many years, been helping women do just that with her unique approach to fashion – by inspiring confidence in her community.

Diligenti always had a love of fashion, but the high stakes world of

retail wasn't what she had envisioned for herself, not while she had five children at home. So instead she set up a business out of her home by scouring clothing exchanges and selling stylish ensembles to her friends. Now, over 30 years after her homegrown boutique, the luxuriously named Champagne Taste, took off, Diligenti is a leading figure



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in the West Vancouver community and the owner of Marilyn's, which caters to women of all ages and sizes.

“Over the years I have realized that how we dress in the morning sets the tone for the day,” says Diligenti. “It tells the people we meet what we think of ourselves and them.” Her goal is to see every woman leave her store feeling confident in herself, and that's what makes Marilyn's unique on the retail scene. “We spend time with each customer making sure that they leave fully styled but still comfortable,” she says.

Throughout the holiday season, luxurious fabrics and light-catching bling dominate the shelves. The holidays are a time of celebration, and this is when people take their warm, cushiony velvets, soft silks and taffetas off their hangers and proudly show it off. Marilyn's carries comfortable yet stylish casual wear for days spent indoors and designer cocktail

gowns for those festive nights when corks are popping and champagne is fizzing. “Sequins, embellishments and accessories that add sparkle and shine are always in style over the holidays,” Diligenti adds.

However, making women feel comfortable in their own skin

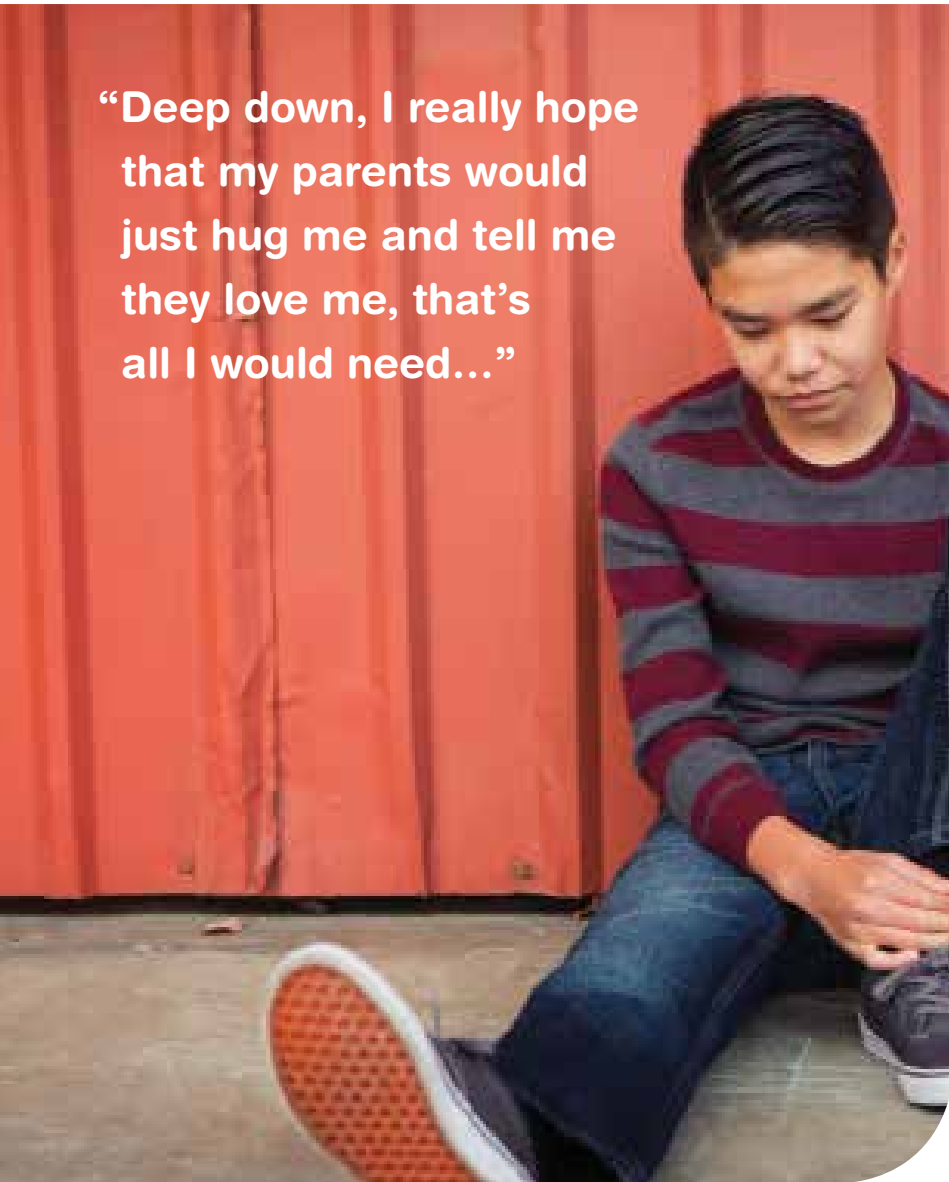


through the clothing they wear isn't Diligenti's only service. She has, for many years, been involved with North Shore Family Services and Lions Gate Hospital, and is partnering with the Kids Help Phone Homes for the Holidays tour this year to make an impact in her community, which helped her grow and has supported her as a business owner.

“With my large family, I am delighted to be a part of an organization that has made a difference to so many children who often just need to talk to someone,” she says. “In a world moving at breakneck speed, it gives us time to pause to give back to the community,” she says.

Be sure to see Diligenti's festive home on display during the 2019 Kids Help Phone Homes for the Holidays tour from Nov. 30-Dec. 1.

“Deep down, I really hope that my parents would just hug me and tell me they love me, that’s all I would need...”



Kids Help Phone is Canada’s only 24/7 free, confidential national service offering professional counselling, information, referrals and volunteer-led text-based support for young people in both English and French. Kids Help Phone is a registered Canadian charity. Your support can help youth access the help they need — when they need it most.

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Kids Help Phone 

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Homes for the Holidays



Nov. 30 - Dec 30 | 11am - 4pm

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Publication

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Writers: Christine Beyleveldt
Graphic Design: Amanda Siegmann
Cover Photo: Janis Nicolay
Home Illustrations: Odette Hidalgo

Kids Help Phone Staff

Leslie Mauro
Harry Wierenga

Kids Help Phone

BC Yukon Region
570-789 West Pender St.,
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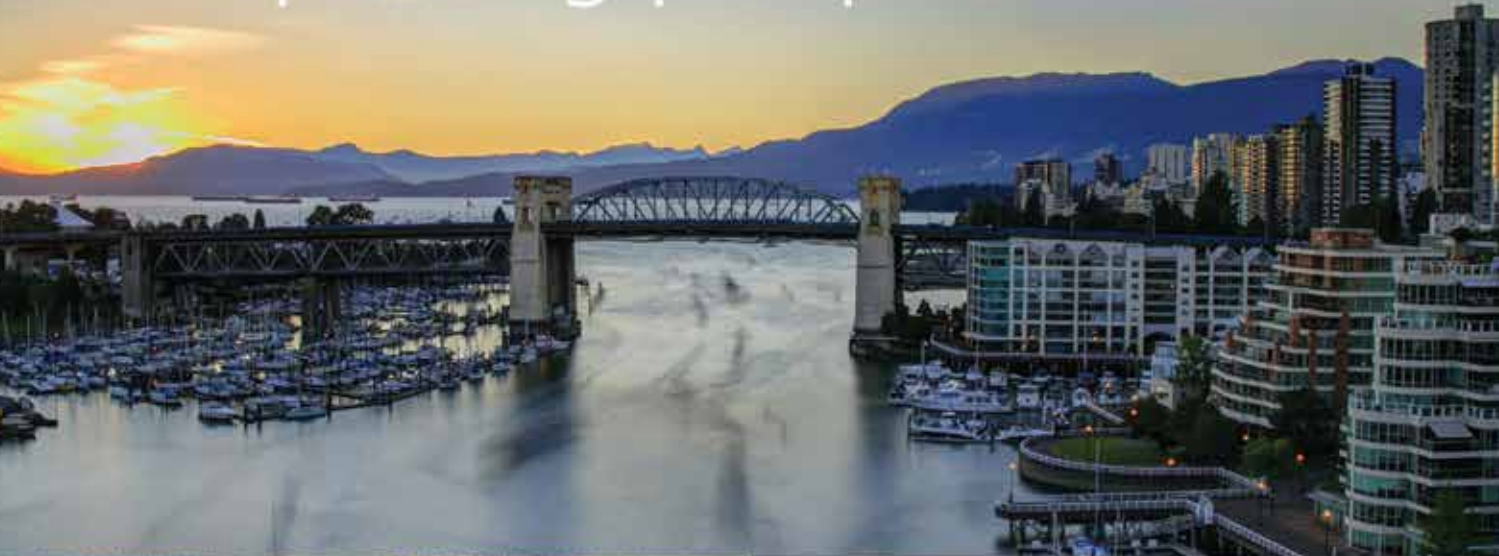
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Decking The Halls

IT SEEMS THE HOLIDAY SEASON DESCENDS UPON US EARLIER AND EARLIER EACH YEAR. OVER THE YEARS I HAVE FOUND THAT PLANNING AHEAD WILL TAKE THE STRESS LEVEL DOWN A NOTCH OR TWO. IT'S EASY TO SET A FESTIVE HOLIDAY MOOD THROUGHOUT YOUR HOME WITH A LITTLE CREATIVITY AND PREPARATION.



- Create your own holiday palette this year by using a colour scheme already incorporated into your décor. Traditional red and green is lovely, but you don't need colour to spruce up your home for the holidays. Consider mixing up a variety of shades and finishes like gold, creams and silvers to create a chic and elegant look.
- Wreaths are a festive and classic way to decorate your home. Mix fresh greens with artificial decorations. Pine cones pair nicely with any colour scheme. Assemble a small, faux, white rose wreath and tie it off with a beautiful white satin ribbon.
- Infuse your home with the beauty of the season with a homemade mistletoe ball. A simple Styrofoam ball is decorated with small, fresh boxwood leaves. Miniature, gold balls are attached on the outside with a glue

gun. Finish it off with a thin ribbon and hang it outside your front door.

- Set a festive mood throughout your home with beautifully wrapped gifts. Show them off as part of your décor under your tree and by the front door in a basket to get every inch of your home into the holiday spirit.
- Photocopy your favorite holiday tunes on glossy paper. Wrap your recipient's gifts in the musical paper and tie them off with a nice, black velvet ribbon and jingle bell. Alternatively, purchase a pad of honeycomb paper and cut out ornament shapes. Attach these shapes to plain wrapped gifts and use self-adhesive rhinestones and ribbons to finish them off.
- No space for a tree? No problem, consider a tabletop version. Many nurseries carry lovely tabletop version trees at this time of year. Look for baskets and wooden fruit cartons to hide the base of the tree. Not only do these small trees look fantastic but also they will add seasonal colour and scent to any small space.



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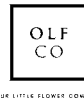
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A message from Kids Help Phone



I am honoured to have had the privilege of serving as Chair of Homes for the Holidays since 2011. As Kids Help Phone celebrates its 30th anniversary of

providing support to the mental well-being of youth across Canada, 2019 is also a special year for our Volunteer Committee as we celebrate our 15th year of supporting this great cause and presenting Homes for the Holidays to you!

Homes for the Holidays sets the stage for the seasons festivities and has become an annual tradition with many attending year-after-year. With the help of countless volunteers, committee, homeowners, designers, retailers, florists and sponsors, we are excited to share that Homes for the Holidays has expanded to also include West Vancouver. With seven homes all sensationally decorated for the holidays, you will come away inspired with decorating tips and ideas, as well as information where you can purchase many of the items seen in the homes.

By attending Homes for the Holidays know that thanks to you, Kids Help Phone can continue to provide a safe and trusted place for young people—whenever, wherever and however they need it most.

Be inspired. Be joyful. And be there for the kids.

Bianca Fusco Zanatta
 Chair, Homes for the Holidays



It seems like just yesterday, in 1989 Kids Help Phone took our first phone call from a young person in need.

Thanks to our valued supporters, 30 years later, Kids Help Phone is more accessible than ever before, with over 1,000 youth reaching out to us for help every day. Live Chat is now available 24/7 and this past year, Crisis Text Line, powered by Kids Help Phone was rolled out nationally. Crisis Responders now perform an average of 5 active rescues each day with young people across the country—every life saved is a testament to your generosity.

Since our inception, Kids Help Phone, as a charity, has relied on generous donations from individuals and organizations in the community who have shared our vision and supported our mission. No matter when, where or how a young person seeks help, your support starts them on the path to finding it.

On behalf of all of us at Kids Help Phone, thank you to our sponsors, home-owners and touring attendees for continuing to believe in our cause. And thank you to all of our dedicated volunteers who provide such amazing support each year for the Homes for the Holidays event!

Harry Wierenga
 Director of Development,
 Western Canada – Kids Help Phone



Sunday - Saturday
 November 30 -
 December 1
 11am - 4pm

Home Guide

We are pleased to be hosting the 15th annual Kids Help Phone Homes for the Holidays tour and fundraiser. Come and explore seven beautiful homes in Vancouver and West Vancouver, designed in styles ranging from contemporary to traditional. Find décor inspiration for your own home while supporting kids in our community.

Welcome.

TICKETS homesfortheholidays.ca 778-379-5437

A Modern Festival of Lights

When designer Gillian Segal began celebrating with her husband and started hosting her own Hanukkah, she found limited options for festive décor.

The inspiration for décor will come both from the meaning and traditions of the holiday and from the architecture and design of her home, which her family recently completed building. As someone who grew up celebrating Christmas—a holiday that begins in October when Starbucks releases their holiday Christmas cups, she came to the conclusion that Hanukkah really gets the short end of the stick.

The holiday décor, featured by **Avenue Road**, will be modern with a traditional twist. To honor the importance of oil in Hanukkah the Gillian Segal Design team will be working with their partner, **Celsia Floral**, to use the olive tree and olive branch as an unexpected holiday floral.

Hanukkah commemorates the reclamation of the holy temple in Jerusalem by Jewish people centuries ago. When they went to light the temple's Menorah, they found a one-day supply of olive oil which miraculously lasted for 8 nights. Being known as the festival of lights, Jewish families all over the world light their menorahs for 8 nights to commemorate these miracles.

Gillian's goal is to show guests the feeling of Hanukkah in an elevated and sophisticated way—and they can't wait to show you their interpretation of a modern Hanukkah celebration!

DECORATED BY

Gillian Segal,
Gillian Segal Design

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Modern Holiday Hangout

Take in the dramatic volumes of this modern home with its folding rooflines and stacked architectural boxes. As you approach, you are welcomed by an oasis of grasses, shrubs, and trees, for an inspiring journey up cascading concrete steps to the front door.

The exterior tones continue inside with a three-storey slate wall, a focal point throughout the home. It is accented by the warm wood floating stairs, lovingly crafted from a cedar tree reclaimed from the backyard. The living room is an inviting place for friends and family to gather on cold nights with warm blankets and soft pillows for great drinks and conversation beside the fire. Wild and joyful florals by **The Flower Factory** and stunning seasonal décor by **Olive+Wild** catch your eye as you move from room to room. The party continues in the dining room, where the table is set and glowing with the warmth of the holidays. In the minimalist kitchen, someone has been baking and the delicious treats are on full display!

You won't want to miss the serene master suite flooded with natural light from its oversized windows and towering ceiling. Next, stop by the lounge on the lower level that is decked out for a cozy and festive games night. On your way out, enjoy the built-in seating around the outdoor fire pit, and take in a game on the basketball court. You may never want to leave this modern holiday hangout!

DECORATED BY

Myriam Freedman,
Myriam Freedman Designs

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A Home Made Christmas

Stepping through the towering hedges into the front courtyard of this Westside home you can't help but be inspired by the natural palette and beautiful urban views. This family home was designed by the architect / owner 18 years ago for his young family and recently updated to reflect their more modern lifestyle all the while maintaining a true craftsman backbone and a sensitive balance of old and new.

As you enter the house notice the fresh garlands draping the staircase, the formal Christmas tree in the living room, the beautifully decorated holiday table and view over the city to the North Shore Mountains. Continue on to the kitchen and family room where you will find this year's holiday crafts well under way. Once upstairs take a minute to enjoy the view from the master bedroom then carry on down to the lower level wine cellar, music room and home theatre.

Gorgeous cherry floors and traditional mouldings pair seamlessly with modern furniture and lighting all adorned for the holidays with a nod to a classic Christmas. Mixed metals, rich hues and ornate prints balanced with handcrafted natural foliage, garlands and wreaths.

Christmas is designed this year by Trish Knight and Nicole Varga of Knight | Varga Interiors, with florals by Jenna at **Hilary Miles Flowers** and decorations by our generous retail sponsors **Indigo** and **Goodge Place**.

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Nicole Varga,
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Whimsical Glamour on Wiltshire

Walking through the impressive front door of the house on Wiltshire Street you are invited to expect the unexpected! Guests will be guided through a world of Christmas wonder and whimsy in this exquisite and newly built custom home.

The tour begins with the dramatic wrought iron detailed staircase that has been draped with feathers and ornaments in an unconventional soft pastel colour scheme. Visitors will be mesmerized and invited into the space with the scents of vanilla and evergreen pine. A few steps into the space, Christmas beckons from the open concept dining and living room where the table is being set for a festive dinner. A dramatic cluster of glamorous Christmas trees sets the stage while acting as a divider between the two rooms and beyond by the fireplace, view holiday movies cozied-up on the couch with loved ones. The kitchen beside the living room features a beautiful custom island and dining nook adorned with floral designs by **Gilligan Girls Flowers on Main** will be sure to set the imagination wild for an unconventional display of flowers over the Holidays.

Continue throughout the home where thoughtful décor from **Kerrisdale Lumber** will create the perfect backdrop for those cold winter nights. We hope you enjoy our Christmas wonderland that reminds us why this season really is “The Most Wonderful Time of the Year!”



DECORATED BY

Aleem Kassam,
Phyllis Lui,
Kalu Interiors

SUPPLIED BY:

Gilligan Girls Flowers on Main
Kerrisdale Lumber
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Kids Help Phone is a nationally recognized leader in youth mental health and well-being.

Last year, we provided support to young people 1.6 million times. By 2025 we want to reach 4 million youth in Canada.

*holiday florals
and decor*

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Nature's Majestic Wonderland

This west coast property is nestled amongst majestic trees and lush greenery welcoming you with winter's yuletide pine and cedar scents in the air. At the front entry, a continuation of foliage fully enveloped in light, leads you towards the home where you happen upon a beautiful grand set of original, custom designed, wood-carved doors depicting a blazing sun and an eagle midflight, created by First Nation artisan, Stan Dann.

Inside the home, you are transported to a forest wonderland and nativity scene, with lofty tree canopies sparkling in starry lights. Loved ones gather at the grand dining table, all set to enjoy a scrumptious holiday feast, taking you in to overlook the Howe Sound and Whytecliff Park. This stunning home designed by one of the well regarded and integral masters of the West Coast design ethos, Blair Macdonald, has maintained it's beautiful form and charm. Dexter Dolores Interiors, along with his design team have partnered with **GardenWorks** and **Our Little Flower Company** to create a holiday home worthy of the heritage and ethereal natural surroundings of this neighbourhood. The tour will showcase a classic holiday season filled with whimsy and an imaginative spirit. You will be both lifted away and yet fully integrated into the natural beauty surrounding this residence.

DECORATED BY

Dexter Dolores,
Dexter Dolores Interiors

SUPPLIED BY:

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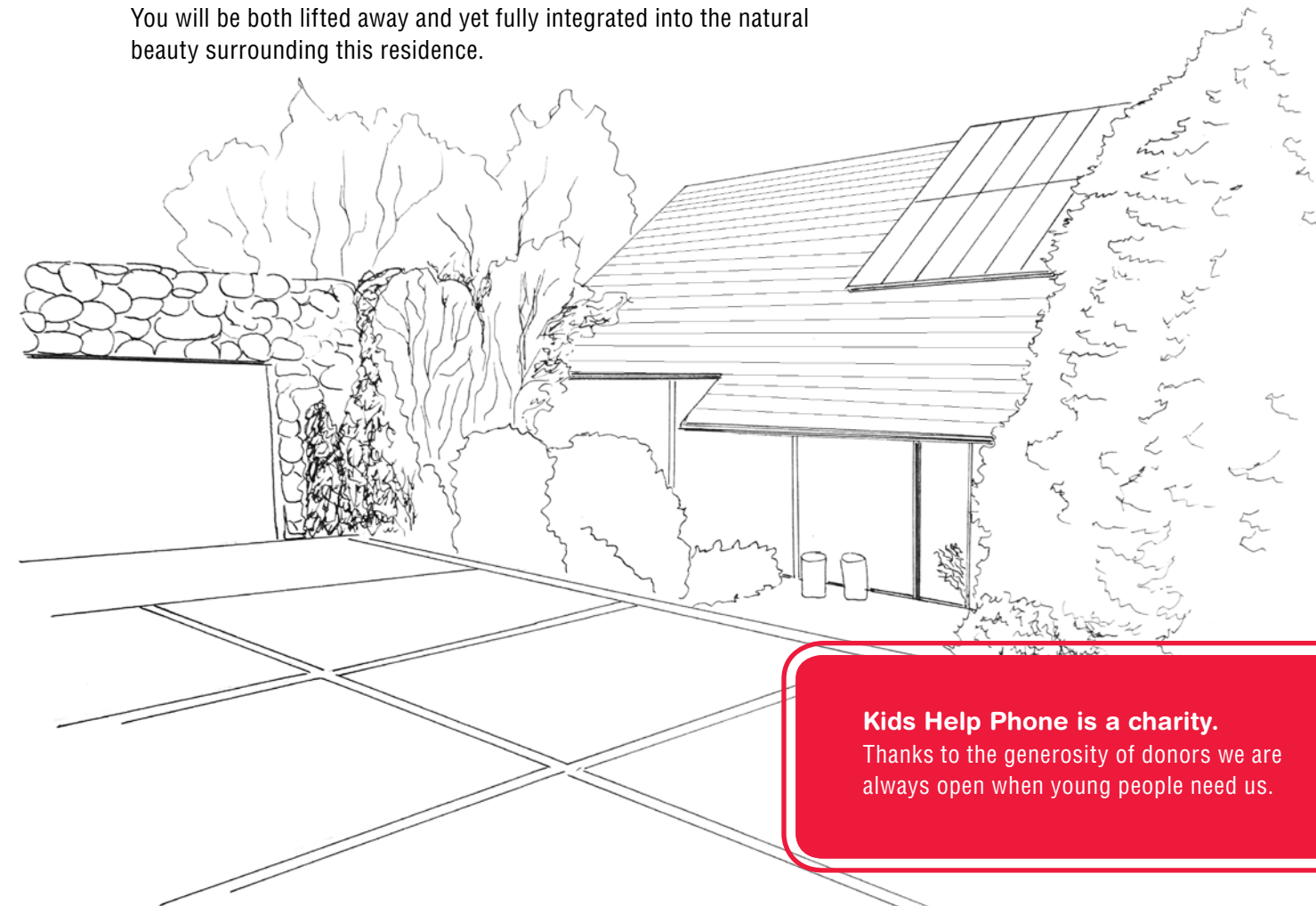
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Thanks to the generosity of donors we are always open when young people need us.

West Coast at Hillwood

Driving down a windy road and through an iron gate, at last you've arrived at Hillwood. Up a few steps and onto a wide landing, you are presented with a traditional exterior featuring beautiful painted wood shingles and the most charming windows. There is a sense of being sheltered by the luscious foliage that frames the face of the home as you walk up to the welcoming front door.

Upon stepping in, you'll be greeted by a nostalgic and somehow familiar traditional Christmas but with a modern twist with a luxurious scheme created by Jamie Banfield Design and **West Van Florist Home & Garden Centre**. With décor provided by **Hudson's Bay Company**, a space that is dressed and ready for new memories to be created within. Once you've stared out at the view long enough, look over from the handsome Christmas tree and baby grand piano, and let yourself be guided through the space by the fireplace at the end.

Discover that the fireplace is in fact double sided and that the cherished family time will spill into this room, as well as the grand open kitchen. Smell the gingerbread and maybe take a piece then follow up the stairs to peek in the soft and intimate master bedroom. Continue down to the wet bar and games area and wander through the layers of festivities to be had. Through the french doors, appreciate a holiday poolside patio—West Coast style!

Kids Help Phone is known for its expertise and continuous innovation.

Our vision is a future where every young person will access the support they need, in the way they need it most.

DECORATED BY

Jamie Banfield,
Jamie Banfield Design

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Celestial Lights

A sleek modern home tucked into the West Vancouver hillside, this thoughtfully designed and well executed home mixes a clean esthetic with natural materials and meticulous attention to detail. The designer's intent was to create a fluid connection that begins at the front door and continues throughout the property all the way onto the generously sized outdoor terraces. Thoughtfully planted gardens that frame the harbour at each level create the illusion of a home surrounded by nature. It is this connection to the elements that serves as the inspiration for the holiday decor.

The holiday decor is intended to borrow from the drama of the dark December nights and the contrasting celestial lights. As you meander through the home you are greeted with a warm and inviting palette of jewel tones, layered in with touches of greenery, mirror, smoked glass and candlelight. The decidedly holiday feel respects the bones of this modern home, adding another layer of depth and design for the holidays. The end result will be a fresh new take on holiday decor which can take the homeowner from pre-holiday parties straight through to New Year's Eve.

The Designer, Lindsay Eby, collaborated to create the whimsical & original floral arrangements lovingly designed by Granville Island Florist. From a 5' diameter wreath at the entry to a variety of outstanding pieces featured throughout the home. Lindsay also partnered with retailers **West Elm** and **Da Vinci's Home** creating a truly an inspired holiday look for this gem of a home.

DECORATED BY

Lindsay Eby.
Lindsay Eby Interiors

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5 Easy Ways to Spruce Up Your Home for the Holidays

DESIGNERS SHARE THEIR SECRETS SO YOU CAN CREATE THE PERFECT COZY ATMOSPHERE IN YOUR HOME THIS SEASON.

1. CREATE A COZY ATMOSPHERE.

One of Trish Knight's favourite things to do is play with soft textiles. The Homes for the Holidays organizer and interior designer notes that velvets and furs are a particular favourite of hers, and an act as simple as replacing a wool throw with a fur that's warm and inviting invokes cheer.

Homes for the Holidays designer Myriam Freedman loves to use objects from around the house – a favourite piece of china or a deliciously scented candle will do – and bring them together to create a hearth that is an objet d'art. A hot drinks station with cocoa or apple cider completes the feel of the room.

2. LAYER THE LIGHTS.

Strands of winking white or yellow lights are a common sight throughout the holiday season. Knight recommends using bulbs of different sizes to add depth. Consider placing larger bulbs deep within the

boughs of trees, garlands or wreaths and smaller lights on the surface.

3. MIX THE METALS.

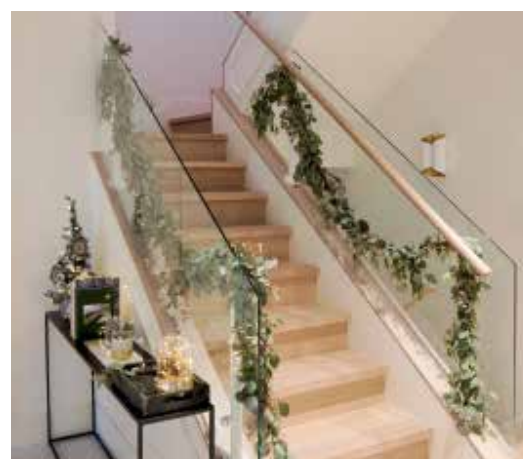
Silver, gold and copper play off each other's contrasts. Ditch the combination of berry red and evergreen and incorporate metals to highlight the winter atmosphere outside. White and other soft colours pair well.

4. ADD A BIT OF SHINE.

"You want to create a bit of sparkle, something for the light to catch," says Knight. Something as simple as laying out a few sequined throw pillows will do the trick.

5. INTRODUCE A TOUCH OF WINTER.

Crimson poinsettias are traditional, but our designers favour fresh greenery and, in particular, cedar branches for their earthy smell. "It adds a freshness, a vibrance, a liveliness," says Nicola Varga, Knight's interior design partner. "For me the holiday is as much about the scent as it is about aesthetics," says interior designer Gillian Segal. Warm spices, fresh baked cookies and crisp evergreen adds just as much wintry ambience. With most people huddled away indoors during the winter, Freedman recommends taking cues from nature and reintroducing elements of the forest into the home.



Top: Janis Nicolay; Bed: Izzy Hardy; Stairs: Janis Nicolay



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Diane's Lingerie



BY CHRISTINE BEYLEVELDT

Vanillekipferl

This nutty, sugar coated crescent-shaped cookie is incredibly easy to make and bake. Popularized and enjoyed throughout Germany during the holidays, it's actually Austrian in origin and pairs delightfully with spiced mulled wine.

- 1 cup flour
- 1/2 tsp baking powder
- 1/2 cup canter sugar
- 200 g butter
- 100 g ground almonds, hazelnuts or walnuts
- 1 egg
- 1 egg yolk

1. Mix the flour, baking powder, sugar, cubed butter, ground nuts and egg as per the Speculaas instructions, or combine in a food processor until blended smooth
2. When the dough is soft, roll it into a ball or roll and wrap in cling wrap, leave it to harden in the refrigerator for at least two hours, up to overnight
3. Remove the cling wrap from the hardened dough and separate into tablespoon-sized amounts
4. Shape the separated dough into crescents on a parchment-lined baking tray
5. Bake the cookies in the oven heated to 350 degrees Fahrenheit for 10-12 minutes or until firm and golden
6. Remove the cookies from the oven and let cool on a wire rack, sift icing sugar over the warm cookies and enjoy



A German Touch

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Speculaas

This 17th century spiced Dutch cookie has some serious crunch. Speculaas, traditionally baked during the holidays, is often cut or stamped with images telling holiday stories. Enjoy these with a hot cup of cocoa.

- 2 cups flour
- 2 tsp baking powder
- 1/3 tsp ground cardamom
- 1/2 tsp cloves
- 1 tsp cinnamon
- 2 eggs
- 2 drops almond essence
- 200 g sugar
- 200 g butter
- 100 g ground almonds

1. Sift the flour, baking powder and spices together into a large bowl, making a well in the centre of the dry ingredients
2. Add the eggs, almond essence and sugar to the dry ingredients and mix all together well
3. Add the butter and ground almonds to the mixture. When all of the ingredients are combined, remove from the bowl and knead into a dough
4. Leave the dough to rest in a cool place or refrigerate for at least half an hour
5. Roll the dough into 1/2 cm thickness on a lightly floured surface
6. Use cookie cutters to cut the dough into shapes of your choice being careful not to add too much flour
7. Bake at 350 degrees Fahrenheit for 10 minutes or until lightly browned
8. After letting cool for one minute, remove the cookies from the baking tray and let cool on a wire rack

Top: Kakuko from Pixabay; Left: Julian-Hochgesang

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Photo by Janis Nicolay

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BY CHRISTINE BEYLEVELDT

Pop, Fizz, Clink!

SAMANTHA RAHN OF SELECT WINES SHARES HER CHOICE CHAMPAGNE AND SPARKLING WINE PAIRINGS FOR HOLIDAY MEALS

The sound of corks popping, champagne fizzing and glasses clinking is symbolic of the time of year people celebrate the holidays with their families. But Samantha Rahn, Select Wines Fine Wine Ambassador and 2013 Sommelier of the Year named at the Vancouver International Wine Festival, believes everyone should drink more champagne and sparkling wine year round because it's an elegant gift and an elegant drink.

"Champagne has always been considered a wine for celebration, but it goes beyond just being a celebratory beverage with festive cork popping and of course bubbles, which everyone loves," she says. "The pairings with holiday foods and just food in general are absolutely limitless."

LIGHT BUBBLES AND BRUNCH

The sparkling French beverage from grapes grown only in the Champagne region, Rahn suggests, can pair with almost any food because of its

versatility. Champagne pairs well with holiday brunch, including runny eggs, flaky croissants and other light foods. Rahn's personal recommendation is an Italian Moscato D'Asti, which is light and aromatic, juicy and has pretty flavours like orange blossoms. "You can really enjoy the glass and still have a fabulous day," Rahn says, because its alcohol content is so low. It is also lightly sweet and pairs well with fruits and bonbons.

ROSÉ AND RICH DISHES

However, Rahn recommends pairing the holiday feast with a rosé, which goes down nicely alongside cranberry sauce and stuffing. "Stuffing and rosé is a match made in heaven," she says. Bubbles and the wine's natural acidity also cut through fatty sauces and gravies. A particular favourite of hers, also included in Select Wines' portfolio, is a rosé champagne produced by the 201-year-old family-owned champagne house Billecart-Salmon.

Rahn also incorporates champagne into her own holiday traditions she shares with her husband, who, like her, works in the restaurant industry. The holidays, being the busiest time of the year for both of them, don't leave much time for big celebrations.

For 12 years they've come home from work late at night on December 24, prepared a feast for two that usually includes a decadent cheese plate and a pile of sweets, popped a bottle of champagne and toasted to the holidays in the early hours. "I can't think of a better drink or gift throughout the entire holidays," she says.



KIPrice, Top: iStockphoto

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